

Apprenticeship & Advanced Apprenticeship in Sport & Leisure

(Active Leisure and Learning)



• What are Apprenticeships?

Apprenticeships have been designed to provide opportunities for young people to develop a mix of practical and technical skills that support roles in an area of work. This programme covers a wide variety of roles in the Leisure sector.

If you are interested in working in Leisure, then this is the Apprenticeship for you. You could be working in a large a large fitness organisation or your local sports facilities.

An Apprenticeship is a great way for you to earn as you learn, and for employers to discover skilled and talented employees.

This Apprenticeship is available as 'employer-led', which means you:

- start in a full-time job, with an employer who allows you to be released on a regular basis each week to spend some time in College. The number of hours in College will depend on your Apprenticeship.

• Where It Will Lead

After you have completed an Apprenticeship programme, you could go on to an Advanced Apprenticeship, or further development in the Leisure sector. The Advanced Apprenticeship could allow you to progress to Higher Education.

• Programme Requirements

There are no set entry requirements for the programmes, but we have to make sure that you have the potential to achieve the different parts of the Apprenticeship qualification, and that you are working at the right level in your job. You will be asked to complete an initial assessment in English and Maths, and you may need to take some additional diagnostic assessments.

• Apprenticeship Programme

- NVQ 2 in one of:
 - Instructing Exercise and Fitness
 - Coaching, Teaching and Instructing
 - Activity Leadership
 - Operational Services
 - Spectator Control
 - Spectator Safety
 - Playwork
- Practical Maths (Application of Number) - Level 1 (if required)
- Practical English (Communication) - Level 1 (if required)
- Technical Certificate such as:
 - CYQ Level 2 Certificate in Fitness Instruction
 - Active IQ Level 2 Certificate in Gym Instructing
 - OCR Level 2 Certificate in Teaching Exercise and Fitness

• **Advanced Apprenticeship Programme**

NVQ 3 in one of:

- Instructing Physical Activity and Exercise
 - Coaching, Teaching and Instructing
 - Sports Development
 - Leisure Management
 - Operations and Development
 - Play work
 - Outdoor Education, Recreation, Development Training
- **Practical Maths (Application of Number) - Level 2 (if required)**
 - **Practical English (Communication) - Level 2 (if required)**
 - **Technical Certificate such as:**
 - 1st4Sport Level 3 Certificate in Industry and Organisational Awareness for the Active Leisure and Learning Industry
 - City and Guilds Level 3 Certificate in Sport and Recreation and Allied Occupations Industry and Organisational Awareness
 - CYQ Level 3 Certificate in Understanding the Fitness, Leisure and Recreation Industry

• **Assessment**

You will compile a portfolio of evidence, which will contain detailed assessment reports from your NVQ assessor.

You will take external tests for the technical certificates and for Essential Skills.

• **Time**

An Apprenticeship programme will normally take between 6 months and 1 year to complete. An Advanced Apprenticeship takes about 18 months.

• **Facilities**

The taught elements of your programme will take place at Queens Drive, the main New College site.

• **Further Information**

For more information about these Apprenticeships, please contact:

Connie Jeapes, Apprenticeship Manager
on (01793) 732858
or connie.jeapes@newcollege.ac.uk