



## *First Aid at Work HSE Approved Course*

This course is approved by the Health & Safety Executive (HSE) and is ideal for organisations who require qualified First Aiders in the work-place. It teaches candidates the core and practical skills required to enable them to work effectively as the organisations designated First Aider.

### *Who Should Attend?*

Nominated workplace first aiders, or anyone wanting a comprehensive introduction to First Aid

### *What you will learn*

The course will give you the knowledge and confident to deal with a first aid emergency in the workplace.

### *Course Content*

- Safety
- Unconsciousness
- Principles of Resuscitation
- CPR Adult, Child & Infants
- Choking Adult, Child & Infants
- Control of Bleeding
- Contents of First Aid Boxes
- Health & Safety Law
- Bites & Stings
- Shock
- Asthma
- Diabetes
- Poisons
- Anaphylactic shock
- Burns & Scalds
- Fractures

### *Assessment and Certification*

After completing a final assessment successful candidates will receive an HSE approved certificate valid for 3 years, and a plastic ID First Aider card.

### *Requalification*

Once training has been completed we notify you in advance when your staff need to re-qualify.

Start Date:	Monday-Wednesday 16 <sup>th</sup> , 17 <sup>th</sup> & 18 <sup>th</sup> January 2011
Length:	3 days
Time:	09:00-16:30
Cost:	£250.00
Venue:	New College, Queens Drive
Course Code:	BC8068b
Course Contact:	Fast Forward Training & Development on 01793 732892

realise your potential